The situation of Mount Lofty was found from hence and from some other cross bearings, to be 34° 59' south and 138° 42' east. No land was visible so far to the north as where the trees appeared above the horizon, which showed the coast to be very low, and our soundings were fast decreasing.

From noon to six o'clock we ran thirty miles to the northward, skirting a sandy shore at the distance of five, and thence to eight miles; the depth was then 5 fathoms, and we dropped the anchor upon a bottom of sand, mixed with pieces of dead coral.
School Experience Reflection 1

Spend a few moments thinking about why you decided to become a teacher. Consider both your intrinsic (from within) and extrinsic (external) motivations.

The experience of journal writing has taught me that to truly understand something, you must be able to explain it in words.

Teacher Education student in Liebars, 1999 p167.
What are the learnings, challenges and rewards that you are anticipating or experiencing from your School Experience visits? What emotions, thoughts and feelings do you notice on entering this new professional environment?
School Experience Reflection 3

What characteristics do you expect to identify you as a teacher? Draw yourself as you imagine you will look as a teacher. In what ways might you look different from now?

No amount of writing, whether it is reflective or factual, can do the picture justice. 
2nd year Flinders University education student 2005.
Try to recall the names of the students in one of your School Experience classes. What do you notice about the students who are on your list?
Reflect on the benefits and problems of using reflective journals in the classroom.
Explain how you might use journal reflection in your teaching practice in the future.
What would you require to do this effectively?

Lady Bracknell always took her journal with her whenever she travelled,
as one simply must have something sensational to read on the train.
Bouras, 1999 p3.
# School Experience Reflection 6

Think of a significant personal learning during your School Experience so far and use the following questions to assist your reflections on the experience:

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. What did I learn and how did I learn it?</td>
<td></td>
</tr>
<tr>
<td>2. How am I feeling about this learning (positive or negative)?</td>
<td></td>
</tr>
<tr>
<td>3. What personal beliefs or values were involved in the learning process described?</td>
<td></td>
</tr>
<tr>
<td>4. Are there ways I could have learned differently?</td>
<td></td>
</tr>
<tr>
<td>5. What actions, if necessary, could I take to learn more effectively in this context in the future?</td>
<td></td>
</tr>
</tbody>
</table>

From Loo and Thorpe, 2002
Recall your initial School Experience visit. What were your first impressions? Reflect on three positive experiences.

Some things don’t become clear till you have to write them down sensibly and having written about a problem you feel compelled to at least think about solutions.

School Experience Reflection 8

At the start of this journal, you reflected on your motivations for choosing to be a teacher and how you defined the teacher's role. How have those ideas been confirmed or challenged during your School Experience visits?

My professional journal was eye opening to say the least, considering my limited experience with such writing.

2nd year Flinders University education student 2005.
School Experience Reflection 9

Reflect on any points of conjunction and disjunction between the university based and school based components of your study you have experienced so far.
School Experience Reflection 10

Try a different tool of reflection. For instance, meet up with a student colleague and verbally compare your experiences in schools or read the chapter on ‘Journal keeping for Professional Development’ from Holly, M.L. (2002) *Keeping a professional journal* and draw a mind map to demonstrate how her suggestions for reflection compare with your personal reflection style.

Do you have a preference for a particular reflective tool and how could you develop your skills of reflection to gain professionally from this preference?